

5dNXid 三峡人家

Authentic Sichuan | Cantonese Cuisine

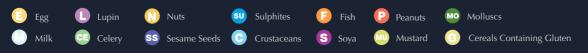
Hot & Spicy Chef's Recommendation Vegetarian Option Available

出品均以实物為实 本菜谱图片僅供参考

Kindly note that the actual presentation of dishes may vary slightly from the images. Additionally, while we take utmost care in preparation, we cannot guarantee that our dishes are completely free of nuts or other allergens.

The allergen information on the menus is obtained from our standard recipes. The preparation and cooking environments may be varied under certain circumstances. If you have any food allergies or special dietary needs please inform a member of staff when placing your order. Full allergen information is available, please ask the manager.

Key To Allergen





The Three Gorges (Sānxiá)

'At Sanxia Renjia, the best dishes are to be had by straying from the familiar into hot and spicy territories'

Fay Maschler, Evening Standard (March 2015)

'Enough excitement for a month'

Jay Rayner, The Observer (January 2018)

Sanxia is a scenic area along the Yangtze River (Chang Jiang), one of the mother rivers in China. The Three Gorges area has a total length of approximately 200 kilometres (120 miles).

The Three Gorges span from Chongqing municipality eastward, downstream to Hubei Province. Chongqing municipality was part of Sichuan Province until 1997. People in Sichuan, Chongqing and Hubei share similar eating habits and yet each region has its own uniqueness.

Ma La or Numbing Spiciness is Sichuan cuisine's most distinguished characteristics.

But Sichuan food is more than that. It is really about a variety of flavours:

spicy, flowery (Sichuan peppercorn), salty, sour, sweet, bitter, smoky, etc. Frequently all of those flavours are combined in one dish. The result is a cuisine with an incredible depth and complexity of flavour, hitting all sense receptors at the same time. One dish is a symphony.

Here at Sanxia Renjia, we aim to present dishes that represent the richness of Sichuan cuisine with additions of popular regional dishes from Mainland China, especially Chongqing and Hubei.



| 0 | Mouth Watering Chicken ● □ 山城口水鸡 | £14.50 |
|---|--|------------------|
| 2 | Sliced Beef, Ox Tongue and Tripe in Chilli Sauce 乡 夫妻肺片 | £12.80 |
| 3 | Sliced Pork with Garlic Sauce 🌶 蒜泥白肉 | £11.80 |
| 4 | Cucumber with Garlic Sauce 🍑 🌶 爽口拍小黄瓜 | £7.80 |
| 5 | Coriander and Black Mushrooms Salad 🗹 🌶 香菜拌木耳 | £7.80 |
| | | |
| 6 | Hot & Sour Seafood Soup ● 海鲜酸辣汤 | £8.80 |
| 7 | Wonton Soup 手工云吞汤 | £8.80 |
| 8 | Chicken Sweetcorn Soup 鸡肉玉米羹 | £7.80 |
| 9 | Pork Tripe with Chicken Soup (Small 猪肚鸡汤 (Large | £15.80 £29.80 |

| 10 | Satay Chicken Skewers 沙爹鸡串 | £8.80 |
|----|---|--------|
| 1 | Taiwanese Crispy Fried Chicken 台式盐酥鸡 | £11.80 |
| 12 | Sesame Prawn Toast 芝麻虾多士 | £7.80 |
| 13 | Spare Ribs Peking Style 京都骨 | £11.50 |
| 14 | Salt & Pepper Spare Ribs 椒盐骨 | £10.80 |
| 15 | Salt & Pepper King Prawns 椒盐虾 | £8.90 |
| 16 | Salt & Pepper Squid 椒盐鱿鱼 | £8.50 |
| 17 | Salt & Pepper French Beans ❤ 椒盐四季豆 | £7.90 |



经 典 美 ROASTED MEATS 胎

| 10 | Legendary Roasted Sliced Peking Duck | (1/2 Half) | £32.80 |
|----|---|---------------|------------------|
| 18 | 北京片皮鸭 | (1 只 Whole) | £59.80 |
| | | | |
| | Crispy Aromatic Duck | (1/4 Quarter) | £16.80 |
| 19 | 香酥鸭 | (1/2 Half) | £28.80 |
| | | (1 只 Whole) | £52.80 |
| | Containers Deceted Duels | | C1 5 00 |
| 20 | Cantonese Roasted Duck 广东烧鸭 | (1/4 Quarter) | £15.80 £26.80 |
| |) 水烷鸭 | (1/2 Half) | £49.00 |
| | | (1 只 Whole) | |
| | Crispy Pork Belly | | £15.50 |
| 21 | 脆皮烧腩仔 | | |
| | | | |
| | Honey Glazed Char Siu | | £12.80 |
| 22 | 蜜汁叉烧 | | |
| | | | |
| | Dual Roast Meats (Crispy Pork Belly and Char Siu) | | £16.50 |
| 23 | 双拼烧味(脆皮烧腩仔和蜜汁叉烧) | | 210.50 |
| | 次功 死 次 (尼汉) | | |

Chef's Specials Sichuan & Hunan Cuisine

[厨师推荐:川,湘菜]





Sichuan & Hunan Cuisine

| 24 | SanXia Grilled Fish, ChongQing Style 🗑 🌶 三峡烤鱼 | £36.80 |
|----|--|--------|
| 25 | Steamed Fish Fillet with Chilli 🍠 剁椒蒸鱼柳 | £23.80 |
| 26 | Golden Sour Broth with Sea Bass and Pickled Cabbage © 🌶 金汤酸菜鱼 | £28.80 |
| 27 | Sichuan Spicy Boiled Fish 🍠 四川水煮鱼 | £29.80 |
| 28 | Kung Pao King Prawns 🍠 宮保虾球 | £16.80 |
| 29 | Kung Pao Chicken ∮ 宮保鸡丁 | £14.80 |
| 30 | Sichuan Spicy Chicken (La Zi Ji) ∮ 锅巴辣子鸡 | £18.80 |
| 31 | Stir-fried Beef with Green Chilli Peppers & Coriander 🌶 秒炒牛肉 | £18.80 |

| 32 | Sichuan Spicy Boiled Beef 🌶 水煮牛肉 | £19.80 |
|----|--|--------|
| 33 | Golden Sour Broth with Pickled Cabbage and Beef 金汤酸菜肥牛卷 | £18.80 |
| 34 | Fish-fragrant Shredded Pork 🕖 鱼香肉丝 | £14.80 |
| 35 | Hunan Stir-fried Spicy Pork 🗑 🍎 湖南小炒肉 | £15.80 |
| 36 | Braised Pork Belly with Preserved Mustard Greens 梅菜扣肉 | £16.80 |
| 37 | Ma Po Tofu (with/without Minced Pork) ∮ 麻婆豆腐 | £13.80 |
| 38 | Spicy Hot Pot with Pig Blood and Offal 😈 🌶 三峡毛血旺 | £28.80 |
| 39 | Marinated Cumin Lamb 🌶 孜然羊肉 | £15.80 |



Clay Pot & Dry Pot



Cultural Note: Dry pot or Gan Guo differs from the traditional soup-based hot pot. lt originated from a mountain area in Chongqing and later became popular in Sichuan. Local people added mainly vegetables in a dry wok with seasonings similar to hot pot. Without a soup base, the flavours are more fully absorbed by the ingredients. And, if any guests were home, they would add meat, seafood or meatballs to make it richer.

| 40 | Mixed Seafood and Japanese Tofu in Clay Pot 砂锅三鲜豆腐 | £19.80 |
|----|---|----------------------------|
| 41 | Mixed Beef in Clay Pot (Beef Flank, Beef Tongue and Tripe) *** | £28.80 |
| 42 | Hot and Spicy Dried Pot - with Pig Intestines 干锅肥肠 - with Shredded Cabbage 干锅手撕包菜 - with Potato Slices 干锅土豆片 ✓ | £17.80 £14.80 £13.80 |
| 43 | Classic Spicy Hot Pot ∮ 经典香锅 | £29.80 |
| | Beef brisket, lamb rolls, pork belly, luncheon meat, black mushrooms, | |

Luxury Spicy Hot Pot



kelp knots, dried tofu, potato slices, lotus root, celery

£38.80

豪华香锅

Tiger prawns, squid, crab stick, beef brisket, lamb rolls, pork belly, luncheon meat, black mushrooms, kelp knots, dried tofu, potato slices, lotus root, celery 老虎大虾、鲜鱿鱼、蟹肉棒、牛腩、肥羊卷、五花肉、午餐肉、黑木耳、海带结、 腐竹、土豆片、莲藕、西芹

牛腩、肥羊卷五花肉、午餐肉、黑木耳、海带结、腐竹、土豆片、莲藕、西芹



54 Fresh Scottish Beef Fillet in Red Wine Black Pepper Sauce 蒜香红酒黑椒苏格兰牛仔

地 道 选 TRADITIONAL 中 CHINESE 以 料 STYLE

| 45 | Sweet and Sour Squirrel Fish (Sea Bass) 松鼠鱼 | £35.80 |
|----|---|--------|
| 46 | Steamed Sea Bass with Ginger & Spring Onions 姜葱鲈鱼 | £32.00 |
| 47 | Aromatic Lobster (Spicy / Ginger & Spring Onions) 龙虾(香辣 / 姜葱) | £68.00 |
| 48 | Aromatic Crab (Spicy / Ginger & Spring Onions) 螃蟹(香辣 / 姜葱) | £29.80 |
| 49 | Sweet and Sour King Prawns 菠萝咕噜大虾 | £18.80 |
| 50 | King Prawns with Asparagus 芦笋大虾 | £18.80 |
| 51 | Sizzling with Black Bean Sauce / Ginger & Spring Onions (beef, chicken, or lamb) 铁板 [牛肉 / 鸡肉 / 羊肉] (士椒 / 姜葱) | £16.80 |
| 52 | Crispy Shredded Beef with Chilli 🌶 香脆干牛丝 | £14.80 |



地 道 选 TRADITIONAL 中 CHINESE 国 料 STYLE

| 53 | Beef Curry 咖喱牛肉 | £15.80 |
|----|--|--------|
| 54 | Fresh Scottish Beef Fillet in Red Wine Black Pepper Sauce 显 蒜香红酒黑椒苏格兰牛仔 | £22.80 |
| 55 | Beef Brisket with Bean Curd in Clay Pot 支竹牛腩煲 | £15.80 |
| 56 | Sanpei Chicken in Clay Pot ┛ 三杯鸡煲 | £14.80 |
| 57 | Sweet and Sour Chicken 菠萝咕噜鸡 | £14.80 |
| 58 | Sweet and Sour Pork 菠萝咕噜肉 | £14.80 |
| 59 | Roast Pork Belly with Tofu in Clay Pot 火腩豆腐煲 | £16.80 |

Vegetables [健康滋味,时令蔬菜系列] 60 Stir-fried Aubergine and French Beans

茄角之恋



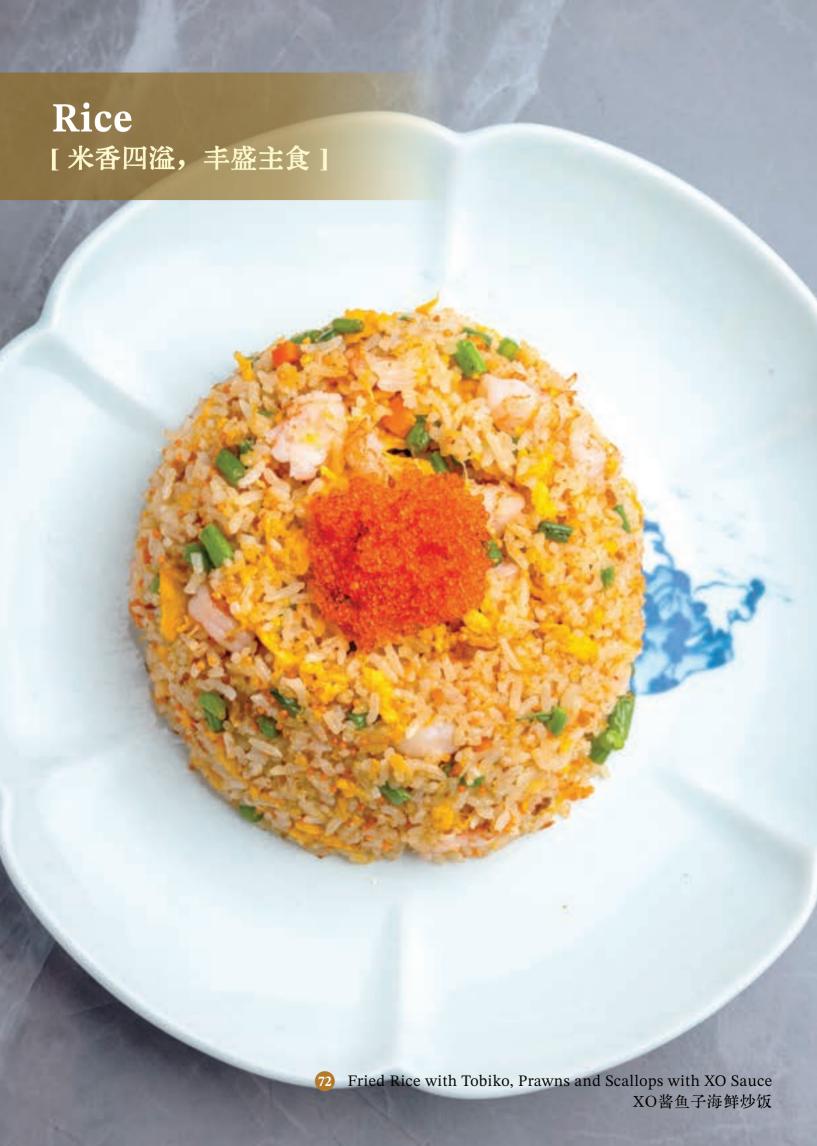
| 60 | Stir-fried Aubergine and French Beans 🗸 🕶 茄角之恋 | £13.80 |
|----|---|--------|
| 61 | Sichuan Spicy Aubergine in Clay Pot (with/without minced pork) 乡四川鱼香茄子煲 | £13.80 |
| 62 | Stir-fried Aubergine, Potatoes and Green Peppers 🕖 🥌 地三鲜 | £12.80 |
| 63 | Stir-fried Shredded Potatoes with Vinegar and Dry Chilli 🗸 🥌 酸辣土豆丝 | £10.80 |
| 64 | Stir-fried French Beans (with/without Minced Pork) 干煸四季豆 | £13.80 |
| 65 | Stir-fried Kai Lan with Mixed Mushrooms 🛩 三菇炒芥兰 | £14.80 |



| 66 | Stir-fried Chinese Cabbage with Vinegar ✔ 醋溜大白菜 | £10.80 |
|----|---|--------|
| 67 | Broccoli (Stir-fried / Fried with Garlic) ✓ 西兰花(清炒 / 蒜蓉) | £12.80 |
| 68 | Morning Glory (Stir-fried / Fried with Garlic) ✓ 空心菜(清炒 / 蒜蓉) | £14.80 |
| 69 | Braised Baby Cabbage in Broth 上汤娃娃菜 | £14.80 |
| 70 | Stir-fried Lotus Root Slices with Chilli Peppers ✔ 藕片(清炒 / 醋溜) | £12.80 |



| 71 | Hokkien Fried Rice 福建炒饭 | £15.60 |
|----|--|--------|
| 72 | Fried Rice with Tobiko, Prawns and Scallops with XO Sauce XO酱鱼子海鲜炒饭 | £14.80 |
| 73 | Special Fried Rice 扬州炒饭 | £13.80 |
| 74 | Mixed Vegetables Fried Rice | £6.60 |
| 75 | Egg Fried Rice 蛋炒饭 | £6.60 |
| 76 | Steamed Rice 🥌 白饭 | £4.20 |



Noodles

[人间烟火,一碗面香]





| 77 | Bean Sprouts Chow Mein 芽菜炒面 | £11.60 |
|----|---------------------------------------|--------|
| 78 | Chicken Chow Mein 鸡炒面 | £13.80 |
| 79 | Singapore Fried Vermicelli 🗸 星洲炒米粉 | £14.60 |
| 80 | Fried Ho Fun with Beef Fillet 干炒牛河 | £15.50 |

| 81 | Mango and Grapefruit Sago Pearl 杨枝甘露 | £5.50 |
|----|---|---------------|
| 82 | Glutinous Rice Cakes with Brown Sugar 红糖糍粑 | £8.80 |
| 83 | Golden Pumpkin Cakes 南瓜饼 | £7.80 |
| 84 | Ice Cream (Vanilla /Strawberry/Chocolate) 冰淇淋(香草 / 草莓 / 巧克力) | (scoop) £4.80 |

Handmade with Love Traditional Dim Sum

[手工制作,港式点心系列]



港 式 之 制 DIM SUM 作 心

| 85 | Steamed Seafood Dim Sum Platter 海皇点心拼盘 | £18.60 |
|----|---|--------|
| 86 | Shanghai Xiao Long Bao 上海小笼包 | £8.50 |
| 87 | Prawn Dumplings with Bamboo Shoots 笋尖粒虾饺 | £8.50 |
| 88 | Prawn and Chive Dumplings 鲜虾韭菜饺 | £8.50 |
| 89 | Prawn and Coriander Dumplings 香菜虾饺 | £8.50 |
| 90 | Prawn and Crab Meat Dumplings 蟹肉饺 | £8.50 |
| 91 | Prawn and Scallop Dumplings with XO Sauce XO酱龙皇带子饺 | £8.50 |



| 92 | Scallop Shui Mai with Tobiko 鲜带子烧卖 | £8.90 |
|-----|--|-------|
| 93 | Pork and Prawn Shui Mai 猪肉烧卖 | £8.50 |
| 94 | Chicken Shui Mai 鸡肉烧卖 | £7.60 |
| 95 | Chiu Chow Dumplings (Pork and Peanut) ① 潮州蒸粉果 | £7.60 |
| 96 | Vegetable Dumplings 罗汉蒸饺 | £7.60 |
| 97 | Wild Mushroom Dumplings 三菇饺 | £7.60 |
| 98 | Sticky Rice Lotus Leaf 荷叶珍珠鸡 | £7.60 |
| 99 | Char Siu Buns in Hong Kong Style 港式叉烧包 | £7.60 |
| 100 | Chicken and Mushroom Buns 香菇鸡包仔 | £7.60 |
| 101 | Cream Custard Buns 香滑奶黃包 | £7.60 |
| 102 | Vegetable and Meat Buns 菜肉包 | £7.60 |

Handmade with Love Traditional Dim Sum

[手工制作,港式点心系列]



Handmade with Love Traditional Dim Sum

[手工制作,煎炸点心]



| 103 | Deep Fried Dim Sum Platter 炸焗点心拼盘 | £18.80 |
|-----|--|--------|
| 104 | Deep Fried Garlic Prawn Spring Rolls 蒜蓉虾春卷 | £8.80 |
| 105 | Deep Fried Sesame Wrapped Prawns 芝麻威化纸包虾 | £8.80 |
| 106 | Deep Fried Vegetable Spring Rolls 炸罗汉春卷 | £7.60 |
| 107 | Pan-fried Pork Dumplings 香煎锅贴饺子 | £7.60 |
| 108 | Pan-fried Shanghai Buns (Pork) 上海生煎包 | £8.80 |
| 109 | Pan-fried Turnip Cakes 煎萝卜糕 | £7.60 |
| 110 | Deep Fried Sesame Balls with Egg Custard 炸流沙煎堆仔 | £7.60 |
| | Honey Char Siu Puff 蜜汁叉烧酥 | £7.60 |





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